

Run It

Choreographer: José Miguel Belloque Vane

~Official GOLD competition dance 2025 - 2026~

Type of dance: 32 Count, 2 Walls, Funky - Line Dance

Level: Newcomer

Music: "Run It!" by Chris Brown (GOLD Edit – Original Speed)
11 32 counts from first beat in music (app. 19 seconds into track)

Counts	Movement Description	End facing
1 – 8	Jump, Touch, Together, Touch, Hitch, Side, Together, Slide, Arm Movement	
1 – 2 &	Jump on both feet in place (1), Touch R to R side (2), Step R next to L (&)	12:00
3 & 4	Touch L to L side (3), Hitch L (&), Touch L next to R (4)	12:00
5 – 6	Big step L to L side (5), Drag R next to L (6)	12:00
7 – 8	Throw both hands up in the air (7), Throw both hands up in the air (8)	12:00
9 – 16	Walk R L R L, ½ Turn L, Step R, Clap, Hip Roll 2x	
1 – 4	Step R forward (1), Step L forward (2), Step R forward (3), Step L forward (4)	12:00
5 – 6	Turn ½ L stepping R to R side (5), Clap both hands (6)	6:00
7 – 8	Hip roll counterclockwise (7), Hip roll counterclockwise (8)	6:00
17 – 24	Step & Touch 3x, ¼ Turn L, Step Fwd, Touch	
1 – 2	Step R to R side (1), Touch L next to R (2)	6:00
3 – 4	Step L to L side (3), Touch R next to L (4)	6:00
5 – 6	Step R to R side (5), Touch L next to R (6)	6:00
7 – 8	Turn ¼ L stepping L forward (7), Touch R next to L (8)	3:00
25 – 32	Kick & Touch 2x, Scuff, Brush, ¼ Turn R, Step R, Close	
1 & 2	Kick R forward (1), Step R next to L (&), Touch L to L side (2)	3:00
3 & 4	Kick L forward (3), Step L next to R (&), Touch R to R side (4)	3:00
5 – 6	Scuff R forward (5), Brush R backwards (6)	3:00
7 – 8	Turn ¼ R stepping R to R side (7), Step L next to R (8)	6:00